"DEEMED TO BE UNIVERSITY", KARAD. KRISHNA COLLEGE OF PHYSIOTHERAPY

POST GRADUATE - MASTER OF PHYSIOTHERAPY (02 YEARS)

M.P.Th IN CARDIO-PULMONARY SCIENCES
PROGRAMME CODE: 3203

AIM:

The Master of Physiotherapy (specialty) Programme is directed towards rendering competency in knowledge and skills related to advance physiotherapeutic skills especially related to specialty Clinical fields to enhance professional Physiotherapy Practice, Education and Research, in line with global standards.

COURSE OUTLINE:

The Master's degree in Physiotherapy is a two year full time programme consisting of classroom teaching, self-academic activities and clinical postings, with self-directed evidence based practice. In the first year theoretical basis of physiotherapy is refreshed along with research methodology, biostatistics & teaching technology. The students are rotated in all areas of clinical expertise including their specialty during this period. They are required to choose their study for dissertation and submit a synopsis. During the second year the students will be posted in their area of specialty. They are required to complete and submit their dissertation. The learning program includes seminars, journal reviews, case presentations, case discussions and classroom teaching. Some of the clinical postings may be provided at other reputed centers in the country in order to offer a wider spectrum of experience. The students are encouraged to attend conferences, workshops to enhance their knowledge during the course of study. University examinations are held at the end of first year and at the end of second year.

COURSE OUTCOME:

This course promotes the development of skills, knowledge and attributes of a reflective, evidence-based practitioner with special attributes to enhance his / her career in a better way as per the society needs.

ELIGIBILITY FOR ADMISSION:

1. He/she has passed the Bachelor of Physiotherapy recognized by any Indian University with

- pass marks (50%).
- 2. Admission to Master of Physiotherapy course shall be made as per the rules by the competent authority. Entrance test will be conducted by KIMSDU as per the rules by competent authority.

OBJECTIVES:

At the completion of this course, the student should be -

- Be able to do a physical therapy diagnosis using a frame work of ICF that is to identify
 the impairment of body structure, body function, environmental and personal factors
 and to address the activity limitations and participations restrictions and able to execute
 all routine physiotherapeutic procedures with clinical reasoning & evidence based
 practice.
- 2. Able to be a prominent member of the multidisciplinary team and treat all the conditions which need physiotherapeutic procedures.
- 3. Able to provide adequate knowledge about the treatment procedures and its benefit.
- 4. Able to transfer knowledge and skills to students as well as young professionals.
- 5. Able to perform independent physiotherapy assessment and treatment for patients.
- 6. To plan and implement need based physiotherapy interventions for all clinical conditions related to respective specialty in acute, chronic cases, critical care, independent practice including health promotion and prevention.
- 7. Able to undertake independent research in the field of physiotherapy.
- 8. Learn multidisciplinary practice skills.
- 9. Able to practice and assess patient independently.
- 10. Able to practice in his / her specialty area with advanced knowledge and skills.
- 11. Able to take up physiotherapy teaching assignments independently for undergraduate teaching programme.
- 12. Able to prepare project proposal with selected research design and interpret the evaluated outcome measures (using sound data processing techniques and statistical methods).

SPECIALTIES OFFERED:

- 1. MPT in Musculoskeletal Sciences
- 2. MPT in Neurosciences
- 3. MPT in Cardio Pulmonary Sciences
- 4. MPT in Community Health
- 5. MPT in Pediatric Neurology

ASSESSMENT:

Two exams will be conducted in theory and practical at the end of first and final academic years. The Attendance and progress report scrutinized and certified by the Head of the Department and Head of the Institution to be submitted to the university with the exam form for both first & second year examination.

YEAR WISE SUBJECTS:

MPT - I YEAR

- 1. Basic Sciences.
- 2. Basic Therapeutics.
- 3. Advanced Therapeutics As per specialty (5 Specialties.)
- 4. Research Methodology & Biostatistics.

MPT – II YEAR SPECIALTIES: (2 SUBJECTS IN EACH SPECIALITY)

- 1. General Physiotherapy As per specialties (5 Specialties.)
- 2. Advances in Physiotherapy As per 5 Specialties.
- 1. MPT in Musculoskeletal Sciences.
- 2. MPT in Neurosciences.
- 3. MPT in Cardio Pulmonary Sciences.
- 4. MPT in Community Health.
- 5. MPT in Pediatric Neurology.

3203 - M.P.Th IN CARDIO-PULMONARY SCIENCES

M.P.Th - I Year

- 1. 3203 11: BASIC SCIENCES
- 2. 3203 12: BASIC THERAPEUTICS
- 3. 3203 13: ADVANCED THERAPEUTICS IN CARDIO-PULMONARY SCIENCES
- 4. 3203 14: BIOSTATISTICS AND RESEARCH METHODOLOGY

M.P.Th - II Year

- 1. 3203 21: GENERAL PHYSIOTHERAPY IN CARDIO-PULMONARY SCIENCES
- 2. 3203 22: ADVANCES IN CARDIO-PULMONARY SCIENCES

KRISHNA INSTITUTE OF MEDICAL SCIENCES "DEEMED TO BE UNIVERSITY", KARAD.

KRISHNA COLLEGE OF PHYSIOTHERAPY.

3203- M.P.TH IN CARDIOPULMONARY SCIENCES.

3203-11: BASIC SCIENCES.

Sr. No	Content	Teaching Hours		Must know	Desirabl e to know	Nice to know
		Didactic (98 Hrs)	Practical (82 Hrs)			
1. 1	PRINCIPLES AND ETHICS:	10 Hrs	-			
	a. Theoretical background of			MK		
	physiotherapy profession.					
	b. Professional sources in the					
	community.					
	c. Principles and practice of					
	physiotherapy in India.					
	d. Ethical background of					
	physiotherapy.					
	e. Ethics of IAP & WCPT.					
	Professional ethics.					
	f. Modified Referral ethics in the					
	practice of Physiotherapy					
	g. Governing body of					
	Physiotherapy Profession state &					
	central level.					
2.	EXERCISE PHYSIOLOGY AND	15 Hrs	5 Hrs	MK		
	NUTRITION:					
	a. Nutrition and physical					
	performance.					
	b. Energy transfer.					
	c. Systemic adaptation during					
	exercise.					
	d. Physical performance.					
	e. Factors affecting physical					

	performance.					
	f. Fatigue and lactate.					
	g. Training.					
	h. Fitness and testing.					
	i. Obesity.					
	j. Diabetes.					
	k. Applied exercise physiology.					
3.	PATHOMECHANICS AND CLINICAL KINESIOLOGY:	25 Hrs	10 Hrs	MK		
	Review of mechanical principles and applied biomechanics of human body.					
4.	Review of various types of exercises, principles and its applications for joint mobility, muscle re-education, strengthening and endurance training.			MK		
5.	Posture, analysis of normal and abnormal posture, posture training.	5 Hrs	5 Hrs		DK	
6.	Gait, analysis of normal and abnormal gait, gait training.	5 Hrs	15 Hrs			NK
7.	ADL, assessment and training of ADL.	3 Hrs	10 Hrs		DK	
8.	Measuring tools in therapeutics.	5 Hrs	15 Hrs		DK	
9.	ometer, pressure transducers, force plates, spondylometer, anthropometric and etc.	5 Hrs	10 Hrs	MK		
10.	ORTHOTICS, PROSTHETICS & BIOENGINEERING:	25 Hrs	12 Hrs	MK		
	a. Orthosis of spine.					
	b. Orthosis of upper limb.					
	c. Orthosis of lower limb.					
	d. AK and BK Prosthesis.					
	e. Prosthetic fitting and					
	training.					
	f. Biomechanical principles governing them.					

3203-12: BASIC THERAPEUTICS.

Sr. No	Content	Teaching Hours		Must know	Desirab le to know	Nice to know
		Didactic (80 Hrs)	Practical (80 Hrs)			
1.	Basic exercises	5 Hrs	10 Hrs			
2.	Basic Electrotherapeutics:	25 Hrs	25 Hrs	MK		
	Review the principles and applications of the					
	following electrotherapy modalities and justify					
	the effects and uses of it with evidence					
	1. Short wave diathermy.					
	2. Microwave diathermy.					
	3. Ultrasonic therapy.					
	4. Ultraviolet radiation.					
	5. Infrared radiation.					
	6. Iontophoresis.					
	7. Faradic stimulation.					
	8. Dynamic currents.					
	9. Interferential therapy.					
	10. Cryotherapy.					
	11. TENS.					
	12. LASER Therapy.					
	13. Paraffin wax bath.					
	14. Hydrotherapy.					
	15. Hydro collator packs.					
	16. Contrast bath.					
	17. Traction.					
	18. Mechanical external					
	compression therapy.					
	19. Fluidotherapy.					
	20. Phonophorosis.					
3.	Pain and pain modulation.	5 Hrs	5 Hrs		DK	
4.	Conventional electro diagnosis.	5 Hrs	5 Hrs	MK		
	1) FG Test.					
	2) SD Curve.					
5.	Electrocardiogram.	2 Hrs	3 Hrs		DK	

6.	Echocardiography.	2 Hrs	2 Hrs		NK
7.	Physical & functional diagnosis.	20 Hrs	20 Hrs	MK	
	1. Clinical examination in general and				
	detection of movement dysfunction.				
	2. Principles of pathological				
	investigations and imaging techniques				
	related to neuromuscular, skeletal				
	and cardiopulmonary disorders with				
	interpretation				
	3. Development screening development				
	diagnosis, neurodevelopment				
	assessment and motor learning-				
	voluntary control assessment				
	4. Anthropometric measurements				
	5. Physical fitness assessment by				
	i. Range of motion				
	ii. Muscle strength, endurance				
	and skills				
	iii. Body consumption				
	iv. Cardiac efficiency tests and				
	spirometry City and took for an art				
	v. Fitness test for sport				
	6. Electro-diagnosis, clinical and				
	kinesiological electromyography and evoked potential studies. Biophysical				
	measurements, physiotherapy				
	modalities techniques and				
	approaches, Electro diagnosis,				
	conventional methods,				
	electromyography sensory and				
	motor nerve conduction velocity				
	studies, spinal and somato-sensory				
	evoked potentials				
	Radiological investigation.	16 Hrs	10 Hrs	MK	
	1) X – Ray.				
	2) CT / MRI Scan.				
	3) Blood investigation (routine)				

3203-13: ADVANCED THERAPEUTICS IN CARDIO-PULMONARY SCIENCES.

Sr no.	Topic	Teac	ching hours	Must know	Desire to	Nice to
110.		Didactic (25 Hrs)	Practical's (100 Hrs)	Kilow	know	know
1.	Advanced Cardiac diagnostics	2 Hrs	10 Hrs	MK		
2.	Advanced Respiratory diagnostics	2 Hrs	10 Hrs	MK		
3.	Monitoring and Managerial skills in all ICU	1 Hrs	10 Hrs	MK		
4.	Advanced Physiotherapy approaches for Respiratory problems	5 Hrs	20 Hrs	MK		
5.	Advanced Physiotherapy approaches for Cardio vascular problems	5 Hrs	20 Hrs	MK		
6.	Recent advances in cardiopulmonary physiotherapy & Principles of chest physiotherapy:	10 Hrs	30 Hrs	MK		
	a) Advancement such as Ventilators, Respirators & its uses.					
	I. Cardio-pulmonary resuscitation.					
	II. Intensive care management a) MICU. b) RICU. c) ICU. d) CCU. e) Neonatal ICU. f) Post op management of transplantation surgeries					
	b) Investigations					

3203-14: BIOSTATISTICS AND RESEARCH METHODOLOGY.

Sr No.		Contents	TEACHING HOURS (100 Hrs)	Must Know	Desirable to Know	Nice to Know
1	Resea	arch methodology:	,			
_	I.	How to read critique research.	60 Hrs	МК		
	II.	Introduction to research: frame				
		work: levels of measurement:				
		variables				
	III.	Basic research concepts: validity				
		and reliability.				
	IV.	Design, instrumentation and				
		analysis for qualitative research.				
	V.	Design, instrumentation and				
		analysis for quantitative research				
	VI.	Design, instrumentation and				
		analysis for quasi-experimental				
		research				
	VII.	How to write research proposal				
	VIII.	Ethics in research				
	IX.	Importance of software in research				
	Χ.	Importance of SPSS, PowerPoint,				
		etc in research.				
2	Biosta	atistics:				
	I.	Descriptive and inferential statistics	40 Hrs	MK		
	II.	Types of data qualitative and				
		quantitative				
	III.	Frequency distributions				
	IV.	Describing data with graphs				
	V.	Describing data with averages				
		mode median mean				
	VI.	Describing variability variance				
		standard deviation etc				
	VII.	Normal distributions				
	VIII.	Interpretations of r				

IX	. Hypothesis testing
X	. T tests
X	. ANOVA
XI	. Probability
XII	. Type I and type II errors
XIV	. Parametric and non-parametric
	tests
X∨	. Simple statistical analysis using
	available software.

3203-21: GENERAL PHYSIOTHERAPY IN CARDIO PULMONARY SCIENCES

Sr.no	Content	Teachi	ng Hrs.	Must	Desirable	Nice to
		Didactic (350Hrs)	Practical (350 Hrs)	know	to know	know
1.	Etio- Pathogenesis of various Cardio Respiratory conditions. a) Acquired conditions b) Inflammatory conditions c) Infectious conditions d) Congenital conditions e) Miscellaneous conditions	75 Hrs	75 Hrs	MK		
2.	Detailed Screening of Cardio Respiratory conditions based on etio pathogenesis.	50 Hrs	50 Hrs	MK		
3.	Cardiopulmonary Sciences: Applied anatomy and physiology of cardiopulmonary system. Intrauterine development of cardiopulmonary system and difference between the adult and pediatric system. Assessment of Cardiopulmonary system, Investigation and its clinical implications. Physiological changes of cardiopulmonary system in various positioning. Principles of cardiopulmonary rehabilitation.	25 Hrs	25 Hrs	MK		
4.	Basis for Therapeutic decision making	25 Hrs	10 Hrs	MK		
5.	Long term consequences of various Cardio Respiratory disorders on various	25 Hrs	25 Hrs	МК		

	systems					
6.	Cardio Respiratory Disability evaluation in detail.	25 Hrs	15 Hrs	MK		
7.	Physiotherapy assessment & Management of Miscellaneous conditions with emphasis on Cardio Respiratory involvement.	50 Hrs	75 Hrs	МК		
	 a) Wound healing in diabetes mellitus, leprosy, pressure sores b) Obesity c) Burns d) HIV e) Skin conditions f) Diabetes mellitus g) Malignancy 					
8.	National & International health programs for Cardio Pulmonary Physiotherapy interventions.	10 Hrs	-	MK		
9.	Professional marketing strategies – Entrepreneurship a) Specialty clinics b) Independent Practice c) Joining organizations d) Groups e) NGO f) Specialty references	15 Hrs	-		DK	
10.	Management strategies of various Cardio Respiratory disorders	25 Hrs	50 Hrs	MK		
11.	Preventative physiotherapy in Cardio Respiratory disorders and team approach.	25 Hrs	25 Hrs		DK	

3203-22: ADVANCES IN CARDIO-PULMONARY SCIENCES

Sr.n	Content	Teach	ning Hrs	Must	Desirab	Nice
О		DIDACTI	PRACTICA	kno	-le to	to
		С	L	w	know	kno
		(400 Hrs)	(600 Hrs)			w
1	Briefly review the anatomy,	20 HRS	20 HRS	MK		
_	physiology applied anatomy and	2011113	2011113	IVIIX		
	biomechanics of cardiopulmonary					
	system.					
2	Briefly evaluate the cardiopulmonary	10 HRS	20 HRS	MK		
	functions					
3	Principles of assessment and	20 HRS	20 HRS	MK		
	management of various					
	cardiopulmonary disorders.					
4	Risk factors of various Cardio	20 HRS	=	MK		
	Pulmonary disorders					
5	Pre operative & Post operative care	20 HRS	20 HRS	MK		
	of Oncologic conditions.					
6	Cardiac rehabilitation in detail	30 HRS	40 HRS	MK		
	a. Goals					
	b. Cardiac rehabilitation team					
	c. Rationale for cardiac					
	rehabilitation					
	d. Indications and precautionse. Contra indications and					
	complications					
	f. Role of physiotherapy					
	g. Assessment protocols					
	h. Managerial skills					
7	Pulmonary rehabilitation in detail	30 HRS	40 HRS	MK		
	a. Goals					
	b. Pulmonary rehabilitation					
	team					
	c. Rationale for Pulmonary					
	rehabilitation					
	d. Indications and precautions					
	e. Contra indications and					
	complications					

	f. Role of physiotherapy					
	g. Assessment protocols					
	h. Managerial skills mainly for					
	obstructive and restrictive					
	conditions, hyper ventilatory					
	syndrome.	20 LIDC	40 UDC		DI	
8	Rehabilitation and management of	30 HRS	40 HRS		DK	
	medical and surgical cardiac					
	conditions (pre & post operation) like congenital, acquired cardiac					
	problems.					
9	Peripheral vascular diseases –	10 HRS	20 HRS	MK		
	Raynaud's, Burger's disease, DVT etc	1011113	201113	IVIX		
10	Respiratory management following	30 HRS	40 HRS	MK		
	intensive care management of	30 11113	10 11113	IVIIX		
	neurological and spinal cord injuries,					
	OP Poisoning, Suicidal attempt, etc.,					
	And Multiple organ failure.					
11	Pediatric cardiopulmonary	10 HRS	20 HRS	MK		
	rehabilitation in detail as similar to					
	adult.					
12	Role of physiotherapy in general	20 HRS	40 HRS	MK		
	surgical conditions (pre & post					
	operation)					
13	Physiotherapy in intensive care units	30 HRS	40 HRS	MK		
	(MICU, SICU, CCU, RICU, NICU, PICU)					
	a. Introduction					
	b. Patient monitoring					
1.4	c. Bed side assessment	20 HDC	20 HBC	NAV		
14	Basic therapeutics being used in intensive care units	20 HRS	20 HRS	MK		
	a. Airway clearance					
	techniques					
	b. Humidification & aerosol					
	therapy					
	c. Oxygen therapy					
	d. Lung expansion therapy					
	e. Chest physiotherapy &					
	Respiratory PNF					
	Technique					
	f. Chest vibrator					
	g. PEP device					
	h. IMT device					

15	Ventilators (artificial ventilation) – in detail	20 HRS	20 HRS		DK	
16	Intensive care management of following cardiopulmonary	10 HRS	40 HRS	MK		
	emergency conditions					
	a. ARDS					
	b. Acute respiratory failure					
	c. Tetanus					
	d. Drug over dose					
	e. Withdrawal syndrome					
	f. Acute MI					
	g. CLRT (Continuous Lateral					
	Rotation Therapy)					
	h. Valvular diseases					
17	i. Status asthmaticus	40 LIDC	40 LIDC	D 414		
17	Basic and advanced CPR	10 HRS	40 HRS	MK		NIZ
18	Pediatric cardio respiratory care in detail as similar to adult.	10 HRS	20 HRS			NK
19	Cardio pulmonary deconditioning in	10 HRS	20 HRS	MK		
	aging.	201110	201110			
20	Exercise prescription for	20 HRS	30 HRS	MK		
	cardiopulmonary patients with the					
	special emphasis in differentiating					
	the exercises for					
	a. Pediatric					
	b. Adult					
	c. Geriatrics					
	d. Women – based on their					
	cardio respiratory status.					
21	Conventional investigations for	10 HRS	30 HRS	MK		
	cardiopulmonary conditions like					
	a. Radiological					
	b. ECG					
	c. Echo					
	d. ABG					
	e. PFT					
	f. Routine blood					
	investigations		A6			
22	Evidence based practice of	10 HRS	20 HRS	MK		
	physiotherapy in cardiopulmonary					
	sciences					
	a. Medico legal issues					
	b. Effective documental			<u> </u>		

c. Effective communication			

PRACTICAL SKILLS:

- 1. Physiotherapy assessment and management of various cardiopulmonary disorders (Adult & Pediatric) using principles of evidence based practice applying advanced physiotherapy skills along with routine measures.
- 2. Intensive care management
- 3. Basic and advanced CPR
- 4. Exercise prescription

TEXT BOOKS:

- 1. Cardiopulmonary Pulmonary Physiotherapy: Textbook by Jennifer pyrior
- 2. Cardiopulmonary Pulmonary Physiotherapy: Textbook by Sawosdky
- 3. Chest physiotherapy in Intensive care unit Makezie, Willams & Wilkins
- 4. Cardio pulmonary symptoms in physiotherapy -Cohen M, & Churchil,
- 5. Clinical application of ventilator support Kinby Churchill, Livingstone,

REFERENCE BOOKS:

- 1. Cardiopulmonary symptoms in physiotherapy practice Cohen M., Churchill, Livingstone,
- 2. Cardio-pulmonary Physiotherapy Irwin, C.V., Mosby, St. Louis
- 3. Pulmonary rehabilitation: guidelines to success Hoidkins, Butterworth, Boston,
- 4. Cardiac rehabilitation Amundsen I.R, Churchill, Livingstone.