# Krishna Institute Of Medical Sciences Deemed to Be University

Krishna Institute of Nursing Sciences. Karad

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Program name: Postgraduate Diploma in Operation Theatre Technique.

# **CHOICE BASED CREDIT SYSTEM (C.B.C.S.)**

1year program Syllabus

Program code: 4501 Course code: 4501-11 Syllabus

Course-paper-I



KRISHNA INSTITUTE OF MEDICAL SCIENCES "DEEMED TO BE" UNIVERSITY, KARAD



### **Preface:**

The health needs are fast changing owing to the rapid change in the life style. It has significant impact on the development of diseases, its processes and treatment modalities. The advanced surgical procedures and technology has played a pivotal role in treatment modalities. This calls for specialized trained nurses in Operation theatre places the tremendous demand on the operation room nurses. Specially trained Operating Room nurses play a key role in the effective functioning of Operating Room surgical team.

The National Health Policy (NHP) 2002 emphasizes on the preventive, promotive, curative and rehabilitative aspects of the care. Since 1983 the NHP has guided the health care system in meeting the needs of the people to a great extent. The policy recognizes the need for establishing the training courses for the specialty nurses required for tertiary care institutions.

Operation Room Nursing is designed to prepare specially trained Operation Room Nurses. The outcome of the programme will be to have more nurses prepared as operation room nurses to work effectively as a member of the operation room surgical team.

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# **Philosophy:**

Krishna institute of Medical Sciences Deemed to be University recognizes the need to prepare the specialized cadre of Operating Room nurses with advanced knowledge, skills and attitude in providing comprehensive care to patients undergoing surgery.

Advances in surgical technology necessitate additional training to prepare them for effective participation as a health team member in operation room.

### Aim:

Prepare Post Graduate Nurses with advanced knowledge, clinical skills and attitude necessary to function effectively as a member of OR surgical team(OR/peri operative nursing includes immediate pre intra and immediate post operative nursing)

# **Objectives:**

# **General Objective:**

The purposes of the course are to train to:

At the end of the course the will be nurses able to provide quality care to patients in OR & manage & supervise care of patients in OR. Also teach nurses, allied health professionals and family members in areas related to OR nursing.

# **Specific Objectives:**

At the end of the course the student will be able to,

- 1. Imbibe the qualities of theatre nurse.
- 2. Explain the principles and concepts of Operation Theatre nursing.
- 3. Practice aseptic technique in the preparation of theatre and the care of the patient.
- 4. Explain the principles and methods of sterilization and disinfection.
- 5. Assist the Surgeon and Anesthetists effectively.
- 6. Appreciate the team work and co-ordinate the activities in the theatre.
- 7. Operate various types of modern equipment used in the Operation Theatre i.e. Microscope, Heart-Lung Machine, Defibrilator machine etc.

8. Assess the needs of patients immediately after operation plan, implement or evaluate nursing care.

# **Admission Requirements:**

The candidate seeking admission to this course should be

- Have passed B.Sc. Nursing course / Post Basic BSc.N. course recognized by Indian Nursing Council.
- Be registered with Maharashtra Nursing council.
- Nurses from other countries must obtain an equivance certificate from INC before admission.
- Be physically fit.
- 100% of attendance for integrated practice experience
- 80 % of the theoretical instruction hours during the year.

### **Entrance / Selection test:**

Selection of the candidates should be based on the merit of the entrance examination held by University.

**Duration of Program:** 1 year

.Intake Capacity: 05

### **Attendance:**

A candidate has to secure 100% attendance in overall.

#### Fee

As per University policy

### Faculty:

Dr Tukaram Zagade Course Convener Professor.KINS,Karad

Mr Mahesh Chedake- Associate Professor.KINS, Karad

Mrs.Namrata Mohite - Assistant Professor.KINS,Karad

Program pattern- Commencement of Semester

• First Semester: 1<sup>st</sup> August

• Second Semester: 1<sup>st</sup> February

**Vacation:** Three weeks vacation.

Total Weeks per Semester: 20wks/semester

Number of Weeks per Semester for instruction: 20 weeks (30hrs/week x 20

weeks=555hours)
1st Semester:

Theory -5 hrs /week = 105 hrs

Clinical -25hrs/week = 450hrs

Total Theory + Clinical hrs = 555 hrs

# 2<sup>nd</sup> Semester:

Theory -5 hrs /week = 105 hrs

Clinical -25hrs/week = 450hrs

Total Theory + Clinical hrs = 555 hrs

### **Program of Studies**

Program name	Semester	Theory	Practical	Grand
				Total
Postgraduate Diploma In	First Semester	105 Hrs.	450 Hrs.	555hrs
Operation Theatre Technique	Second Semester	105 Hrs.	450 Hrs.	555hrs
reeminque	Total	210	900	1110 hrs

# **Clinical Experience**

Areas of clinical experience

Sr.	Area of posting	First	Second	Grand	Total Hrs
No		Semester	Semester	Total	
1.	Major O.T.	4 week	4 week	8week	200
2.	Post operative Recovery room	4week	4week	8week	200
3.	C.S.S.D	4week	4week	8week	200
4.	O. T. Day care area	2weeks	2weeks	4weeks	100
5.	Minor O.T.	4weeks	4weeks	8weeks	200
	Total	18weeks	18weeks	36weeks	900hrs

CHOICE BASED CREDIT SYSTEM (C.B.C.S.)

**Syllabus** 

**SEMISTER-I** 

**Course Instruction** 

Sr. Number	Content	Number of Hours	Credits.
A. Core Subje	ct		
a. Theory		4 =	
1	Review of surgical anatomy	15	1
2	Anesthesia	15	1
3	Pharmacodynamics.	30	2
4	O.R. Table And Organization	15	1
b. Practica	nl	360	12
1	Review of surgical anatomy		
2	Anesthesia		
3	Pharmacodynamics.		
4	O.R. Table And Organization		
	nancement Elective AEE( Any One )		
a Theory			
1.	Communication Skills & IPR	30	2
2.	Legal Responsibilities		
b Practice			
1.	Practical aspects of Communication Skills & IPR with personal and professional.	90	3
2.	Practical aspects of Legal Responsibilities related to Operative procedures.		
	Total	555	22

# Semester -2

Sr.	Name of semester	Number of Hours	credits.
number			
A-Core Su	ıbject		
aThe	eory		
1	Infection control	15	1
2	Preparation and assisting for various surgical procedures; as circulating and scrub nurse	15	1
3	Suture Material & Needles	15	1
4	Recovery Room /Surgical Intensive Care Unit	30	2
bPractio	al		
1	Infection control	90	3
2	Preparation and assisting for various	90	3
	surgical procedures; as circulating and scrub nurse		
3	Suture Material & Needles	90	3
4	Recovery Room /Surgical Intensive Care Unit	90	3
B-Generi	c Elective -( Any One )		•
a-Theory			
1.	Stress Management	30	2
2.	Health Economics		
b-practic	al	1	1
1. 2.	Planning and Implementation of Health	90	5
	Economics practice Total	555	22
	1		

# POSTGRADUATE DIPLOMA IN OPERATION THEATRE TECHNIQUE

### **SYLLABUS**

### **COURSE DESCRIPTION:**

This course is designed to help the nurses to review their knowledge of structure & functions of human body, Pharmacodynamics of drugs acting on various systems of body & their relation with promotion of health, anesthesia and responsibilities of the OR nurse. Further it would be enable to prepare OR nurses with specialized knowledge and skills in assisting for various surgical procedures and practicing infection control measures.

1<sup>ST</sup> SEMISTER

Unit	Hours	Learning Objectives	Content	Teaching Learning	Assessment Methods
				Activities	
A. COR	E SUBJECT	Γ			
a.Theory	1				
Unit I	T-15hrs	<ul> <li>Explain</li> </ul>	REVIEW OF SURGICAL	<ul> <li>Lecture</li> </ul>	• Short
	Practical	the	ANATOMY	• Discussi	answers
	90hrs	Anatomy	• GENERAL SURGERY	on	<ul> <li>Objective</li> </ul>
		&	Abdominal Surgery-Anatomy of	<ul><li>Activity</li></ul>	type
		physiolog	abdominal wall incisions, Hernia	•	• Assessme
		y of	alimentary Canal, Gall bladder,		nt of skills
		various	bile duct, liver, spleen Pancreas,		with
		systems.	Surgery of Head & Neck, Mouth		checklist
			and Breast, Thyroid gland.		
			• ORTHOPAEDICS		
			Bones and Joints		
			• UROLOGY		
			Kidney, ureters, Bladder,		
			Prostate, Testes		
			• EAR, NOSE & THROAT		
			Surgery of pharynx, Larynx, Nose		
			& Ear.		
			• GYNAEC & OBST.		
			Pelvic viscera and other supports,		
			Uterus, fallopian tubes, ovaries,		
			cervix, vagina		
			• CARDIO THORACIC		

			SURGERY		
			Chest wall, heart, blood vessels,		
			trachea, bronchi, lungs,		
			NEURO SURGERY  having animal count marinhanal for		
			brain, spinal cord, peripheral &		
			sympathetic nerves,		
			PAEDIATRIC SURGERY		
			Body systems		
			• OPHTHAMOLOGY		
			Eyes		
Unit II	T-15hrs	<ul> <li>-Acquire</li> </ul>	ANAESTHESIA	<ul> <li>Practice</li> </ul>	<ul><li>Short</li></ul>
	OT	knowledg	• Introduction, Principles,	session	answers
	Posting-	e	Types, Stages, Method of	<ul> <li>Clinical</li> </ul>	<ul> <li>Assessm</li> </ul>
	P-90hrs	regarding	Administration	practice	ent of
		Anesthesia.	Anaesthetic Machines And	• Demonstr	skills
		<ul> <li>Identify</li> </ul>	Equipments	ation	with
		role &	• Nurses Role &		checklist
		responsib	Responsibilities.		
		ilities of	DRUGS USED IN		
		Ot Nurse	ANESTHESIA		
		about	• anesthetic Agents used : Types		
		drugs in	Methods of administration,		
		anesthesi	Action and effects side effect,		
		a.	Antidotes Nurses responsibilities		
Unit	T-30hrs	Acquire	Pharmacodynamics.	• Lect	• Objective
III	OT	& present	Drugs	ure	type
	Posting-	knowledg	Antiseptics and disinfectants,	• Disc	• Short
	P-90hrs	e	Hypnotics, Barbiturates,	ussi	answers
		regarding	Tranquillizers and sedatives	on	
		anaesthes	o Neuroleptic drugs,	on .	
		ia drugs.	Phenothiazines,		
		14 61 4851	Butobarbitone.		
			Anticonvulsants, Analgesics,		
			Intraoperative Analgesia,		
			Nonsteriodal anti-		
			inflammatory drugs, Narcotic		
			antagonists, Intravenous		
			induction agents.		
			Isopyenatine,		
			Bronchodilaters, Respiratory		
			Dionenounaters, Respiratory		

Unit IV	T-30hrs OT Posting P-90 hrs	Demonstr ate skill of organizat ion of OR Table & instrume nt	stimulants ,Antidysarrhyhmiacs, Vasopressor, Vasodilator, antihypertensive agents ,Ganglion blockers, Plasma expanders, Muscle relaxant, Beta blockers ,Uterine stimulators, Uterine inhibitors, Insulin, Histamin and HI & H2 receptor antengonists, Anticoagulants, Antiemetics, Anticholinergics, Drugs acting on eye , ENT and etc • Nurses role and responsibilities  O.R. TABLE AND ORGANIZATION • Equipments and amenities • Different types of tables and accessories Organization of table and equipments nurses' role and responsibilities.	<ul> <li>Practice session</li> <li>Clinical teachin g care plan</li> <li>Care study</li> </ul>	<ul> <li>Short answers</li> <li>Long answers</li> </ul>
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# **b.Practical**

Practice operation theatre techniques in various area in operation theatre complex.

# B. ABILITY ENHANCEMENT -ELECTIVE (any one)

# a.Theory

# 1. COMMUNICATION SKILLS & IPR

1.	T-30 P-90	<ul> <li>Demonstr ate skill of communication skill &amp; IPR in operation theatre.</li> <li>Observe various incidents and events of communication and IPR Practices</li> </ul>	<ul> <li>Communication Skills &amp; IPR</li> <li>Process &amp; methods</li> <li>Establishing &amp; maintaining good IPR &amp; communication with family, staff and colleagues</li> <li>Breaking of bad news-Multidisciplinary team &amp; role of nurses</li> <li>Guidance &amp; Counseling</li> </ul>	<ul><li>Lecture</li><li>Demons tration</li></ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessme nt of skills with checklist</li> </ul>
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# **b** Practical

Practice aspects of Communication Skills & IPR with personal and professional.

# 2. LEGAL RESPONSIBLILITES

# a. Theory

2.	T-30	Acquire skill	LEGAL RESPONSIBLILITES	• Demons	• Short
	P-90	of	Identification of patients	tration	Answers
		understandin	• Identification of right part to be	Clinical	
		g of . Legal	operated	practice	
		Responsibili	• valid consent	_	
		ties	✓ for operation		
		Acquire skill	✓ use of body tissue and		
		to	organ transplant (donor		
		demonstrate	and recipient)		
		recording	• care of dentures		
		and	• counting of sponges,		

reporting	instruments etc	
legal safety.	• prevention of unusual	
	incidences (fall of patient,	
	bum, fire hazards)	
	• Records in operation theatre:	
	Its medico - legal importance	

# b. Practical

Practical aspects of Legal Responsibilities related to Operative procedures.

# 2<sup>nd</sup> SEMISTER

# A )CORE SYLLABUS

a. Theory	r
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Unit –I	T-15	• Update	Infection control	• Lecture	• Short
	ОТ	knowledg	• Environment : - Cleaning,	• Discuss	answers
	Posting-	e	disinfecting O.R. Area,	ion	• Long
	P-90 Hrs	regarding	equipments, Air conditioning	<ul><li>Practice</li></ul>	answers
		infection	rsystem,	session	
		control.	Aspetic techniques -		
		<ul> <li>Identify</li> </ul>	Handwashing, use of mask,		
		infection	gowning, gloving, head cover		
		control	Sterilization: - Preparing and		
		measures	packing of instruments,		
			dressing materials, linen,		
			suturematerials, drainage		
			tubes and catheters, care of		
			electro-medical equipments		
			Handling and storing of		
			sterilized material,		
			equipments, instruments.		
			Collection of various		
			specimens for laboratory tests		
			Bio-Medical Waste		
			Management: - Universal		
			standards and it's application		
			in O.R.Nursing.		
			Nurses Role and Responsibility		

Unit II	T-15	Perform	Preparation and assisting for	• Demons	• Short
		skill of	various surgical procedures; as	tration	answers
	OT	assisting	circulating and scrub nurse	• Practice	• Long
	Posting-	for	Setting up of operation room	session	answers
	P-90Hrs	various	and table	<ul><li>Clinical</li></ul>	
		surgical	setting up of trays and	practice	
		procedur	trolleys for various surgical	• Lecture	
		es.	procedures	discussi	
			Part preparation for surgical	on	
			procedures	OII	
			<ul> <li>positioning and draping</li> </ul>		
			according to the surgical		
			procedures		
			• incisions for various surgical		
			procedures		
			Minor surgeries-surgical		
			instruments and suturing		
			materials		
			Major surgeries - surgical		
			instruments and suturing		
			materials :		
			General, Gynaec, Obstetrics,		
			Orhopaedics, Plastic and		
			Reconstructive surgery,		
			Ophthalmic, Head and Neck,		
			ENT, Cardio-Thoracic,		
			Neuro, Paediatric Dental.		
			Laser and robotic surgery		
			Records and reports		
			Nurses role and responsibilities		
Unit-	T-15	• Identify	Suture Material & Needles	• Lecture	Long
III	p-OT	Types,us	Types,uses,disinfection,storage of	<ul> <li>Discussio</li> </ul>	answers
	Posting-	es,disinfe	suture material and needles.	n	
	90	ction,stor		• Practice	
		age of		session	
		suture			
		material			
		&			
		needles.			

Unit-	T-15	• Students	Recovery Room /Surgical	• Lecture	Long
IV	p- OT	able to-	Intensive Care Unit		answers
	Posting-	manage	Set up and organization,		
	90	the	management of patient, reporting		
		patient in	and recording, transportation of		
		recovery	patient, Nurses role and		
		room and	responsibilities		
		Present			
		organizat			
		ion of			
		recovery			
		room.			

### b.Practical

Practice operation theatre techniques in various area in operation theatre complex

# B) GENERIC ELECTIVE – any one

# a. Theory

Ι	30	-Able to manage	STRESS MANAGEMENT	Lecture	Short
		stress in personal and professional life	<ul> <li>Introduction, Meaning,</li> <li>Definition, Causes, sources,</li> <li>Signs &amp; symptoms of Stress.</li> </ul>	Activity	Answers
		-	<ul> <li>Stress Model</li> <li>Managing Stress- Concept, Benefits</li> </ul>		
			<ul> <li>Managing Stress at Individual level</li> <li>Models of Stress</li> </ul>		
			Management.		

# b. Practical

Practical of stress management. Students will demonstrate techniques of stress management after observing experiment by resource person.

### 2. Health Economics

### a. Theory

II	30	Able to Develop plan for Health Economics & implement for individual and family.	Health Economics  p Introduction, Definition, Importance of Health Economics	Lecture Activity	Short Answers
			<ul> <li>Essentials of Health Economics</li> <li>Developing plan of Health Economics.</li> <li>Presentation of Health Economics plan</li> <li>Problem-Solving Skills of Health Economics.</li> <li>Health Economics implementation Skills</li> </ul>		

#### b. Practical

Planning and Implementation of Health Economics practice

### Reference Book:

- 1. Blackwell, Caroline C. and D. M. Wein. Principles of Infection Immunity in Patient care, New York. Churchill Livingestone, 1981.
- 2. Br igden, Raymond J. Operation Theatre Technique, London, Churchill Livingestone, 1980.
- 3. Devidson Ws et al, Cross infection Hazards and Prevention, Australlia; WA Department of Health, 1965.
- 4. Dixon Eillen, Theatre Technique, London: Bailliege Tindall and Cassell, 1983.
- 5. Gray, E. T. Principles of Surgery, New York: Churchill Livingestone, 1981.
- 6. Houghton Mayorie, *Nurses Aid Series* Tray and Trolly setting 6th edition, London, Bailliege Tindall and Cassell, 1965.

- 7. Honghton Marjorie and Jean Hudd, *Aid to Theatre Technique*. London: Bailliege Tindall and Cassell, 1961.
- 8 Nash, D. F. Ellison, *The Principles and Practice of Surgery for Nurses and Allied Profession*, 7th Ed. Edward Arnold, 1980.
- 9. Palmer Monica, *Infection Control, A Policy and Procedure Mannual* Philadelphia W. S. Saunders Company, 1984.
- 10. Perkins John J. *Principles and Methods of Sterilization and Health Sciences*, 2nd Ed. Illinois, Charles C. Thomas, 1983.
- 11. Perkins *E. W. Aseptic Techniques for Operating room Personnel*, London: B. Saunders and Co., 1959.
- 12. Thresyamma, C. Po. Notes on: Operating room Technique for General Nursing Course. Williams Rooetal; Hospital Infection Causes and Prevention, London, Llyod Luke Ltd., 1966.

### SCHEME OF EXAMINATION

### CHOICE BASED CREDIT SYSTEAM

Theory and practical examinations are at the end of the semester at University Level:

Theory Internal Assessment = 25 Marks

Practical Internal Assessment = 25 Marks

End semester University examination:

Question Paper Pattern:

**Theory:** 75 Marks

Answer all the questions.

- I. Multiple Choice Question (MCQ) = 15X 1 = 15
- II. Essay question :  $20 \times 1 = 20$
- III. Long Answers(Answer 2 out of 3) =  $2 \times 10 = 20$
- IV. Short Answers (Answers 4 out of 6) =  $4 \times 5 = 20$

Total =75 Marks

#### **Practical:**

Oral Examination: 25 Marks

Practical Examination 50 Marks

Total Marks: 75.

Total exam marks for end semester are 100 marks theory and 100 marks practical.

### 1. Promotion and award of grades

A student shall be declared PASS and eligible for getting he/she secures at least 50% marks in that particular course including internal assessment..

### 2. Carry forward of marks

In case a student fails to secure the minimum 50% in any Theory or Practical course as specified ,then he/she shall reappear for the end semester examination of that course. However his/her marks of the Internal Assessment shall be carried over and he/she shall be entitled for grade obtained by him/her on passing.

### 3. Improvement of internal assessment

A student shall have the opportunity to improve his/her performance only once in the Sessional exam component of the internal assessment. The re-conduct of the Sessional exam shall be completed before the commencement of next end semester theory examinations.

### **Grading of performances:**

### Letter grades and grade points allocations:

Based on the performances, each student shall be awarded a final letter grade at the end of the semester for each course. The letter grades and their corresponding grade points are given in table I

Table –I Letter grades and grade points equivalent to Percentage of marks and performances

Percentage of	Letter Grade	Grade Point	Performance	
Marks Obtained		31446 1 31110		
90.00 – 100	О	10	Outstanding	
80.00 – 89.99	A	9	Excellent	
70.00 – 79.99	В	8	Good	
60.00 – 69.99	С	7	Fair	
50.00 - 59.99	D	6	Average	
Less than 50	F	0	Fail	
Absent	AB	0	Fail	

A learner who remains absent for any end semester examination shall be assigned a letter grade of A Band a corresponding grade point of zero. He/she should reappear for the said evaluation/examination in due course.

### 18. The Semester grade point average(SGPA)

The performance of a student in a semester is indicated by a number called 'Semester Grade Point Average' (SGPA). The SGPA is the weighted average of the grade points obtained in all the courses by the student during the semester. For example, if a student takes five courses(Theory/Practical) in a semester with credits C1, C2, C3, C4 and C5 and the student's grade points in these courses are G1, G2, G3, G4 and G5, respectively, and then students' SGPA is equal to:

$$SGPA = C_1G_1 + C_2G_2 + C_3G_3 + C_4G_4 + C_5G_5$$

$$C_1 + C_2 + C_3 + C_4 + C_5$$

The SGPA is calculated to two decimal points. It should be noted that, the SGPA for any semester shall take into consideration the F and ABS grade awarded in that semester. For example if a learner has a F or ABS grade in course 4, the SGPA shall then be computed as:

**SGPA** = 
$$C_1G_1 + C_2G_2 + C_3G_3 + C_4*$$
 ZERO +  $C_5G_5$   
 $C_1 + C_2 + C_3 + C_4 + C_5$ 

### **Cumulative Grade Point Average(CGPA)**

The CGPA is calculated with the SGPA of all the II semesters to two decimal points and is indicated in final grade report card/final transcript showing the grades of all II semesters and their courses. The CGPA shall reflect the failed status in case of F grade(s),till the course(s) is/are passed. When the course(s)is/are passed by obtaining a pass grade on subsequent examination(s) the CGPA shall only reflect the new grade and not the fail grades earned earlier. The CGPA is calculated as:

$$CGPA = C_1S_1 + C_2S_2 + C_3S_3 + C_4S_4 + C_5S_5 + C_6S_6$$

$$C_1 + C_2 + C_3 + C_4 + C_5 + C_6 +$$

where  $C_1$ ,  $C_2$ , ... is the total number of credits for semester I,II... and  $S_1$ , $S_2$ ,... is the SGPA of semester I,II....

#### **Declaration of class**

The class shall be awarded on the basis of CGPA as follows: First Class with Distinction= CGPA of, 7.50 and above

First Class= CGPA of 6.00 to 7.49

Second Class= CGPA of 5.00 to 5.99

### **Award of Ranks**

Ranks and Medals shall be awarded on the basis of final CGPA.

# Award of degree

Candidates who fulfill the requirements mentioned above shall be eligible for award of PG Diploma during the ensuing convocation.

# **Final Mark list Of University Examination**

Sr.	Semester	Internal Assessment		End Semester		Total	
No.				Examination			
		Theory Practica25		Theory	Practical	Theory	Practical
		25 marks	marks	75	75marks	100	100
				marks		marks	marks
1	Semester I						
2	Semester II						

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